



2018 INAS Summer Games Paris
Programme natation/Swimming program
 Championnat d'Europe/European Championships

Adresse/Address : Stade Nautique Youri Gagarine, 67 Rue Youri Gagarine, 94800 Villejuif

Lundi 16/07 9h à 12h et 15h à 18h15 Monday 16th July 9 am to 12 pm & 3 to 6:15 pm		Mardi 17/07 9h à 12h et 15h à 18h15 Tuesday 17th July 9 am to 12 pm & 3 to 6:15 pm		Jeudi 19/07 9h à 12h et 15h à 18h Thursday 19th July 9 am to 12 pm & 3 to 6 pm		Vendredi 20/07 9h à 11h30 et 15h à 18h Friday 20th July 9 to 11:30 am & 3 to 6 pm		Samedi 21/07 9h à 12h et 15h à 17h30 Friday 20th July 9 am to 12 pm & 3 to 5:30 pm	
Time	Épreuve/Event	Time	Épreuve/Event	Time	Épreuve/Event	Time	Épreuve/Event	Time	Épreuve/Event
9:00 - 10:15	Échauffements/ Warm-ups	9:00 - 10:15	Échauffements/ Warm-ups	9:00 - 10:15	Échauffements/ Warm-ups	9:00 - 10:15	Échauffements/ Warm-ups	9:00 - 10:15	Échauffements/ Warm-ups
10:30	50 m Nage libre H (SÉRIES)/ 50 m Freestyle M (HEATS)	10:30	200 m Nage libre H (SÉRIES)/ 200 m Freestyle M (HEATS)	10:30	400 m Nage libre H (TEMPS FINAL)/ 400 m Freestyle M (TIMED FINAL)	10:30	100 m Nage libre H (SÉRIES)/ 100 m Freestyle M (HEATS)	10:30	1 500 m Nage libre H (TEMPS FINAL)/ 1 500 m Freestyle M (TIMED FINAL)
10:35	50 m Nage libre F (SÉRIES)/ 50 m Freestyle W (HEATS)	10:39	200 m Nage libre F (SÉRIES)/ 200 m Freestyle W (HEATS)	10:46	400 m Nage libre F (TEMPS FINAL)/ 400 m Freestyle W (TIMED FINAL)	10:36	100 m Nage libre F (SÉRIES)/ 100 m Freestyle W (HEATS)	10:53	1 500 m Nage libre F (TEMPS FINAL)/ 1 500 m Freestyle W (TIMED FINAL)
10:41	200 m 4 nages H (SÉRIES)/ 200 m Ind Medley M (HEATS)	10:50	200 m Nage libre H II2 (FINALE)/ 200 m Freestyle M II2 (FINAL)	11:05	100 m Dos H II2 (FINALE)/ 100 m Backstroke M II2 (FINAL)	10:43	50 m Brasse F II2 (FINALE)/ 50 m Breaststroke W II2 (FINAL)	11:20	100 m Brasse H II2 (FINALE)/ 100 m Breaststroke M II2 (FINAL)
10:44	200 m 4 nages F (SÉRIES)/ 200 m Ind Medley W (HEATS)	10:56	200 m Nage libre F II2 (FINALE)/ 200 m Freestyle W II2 (FINAL)	11:09	100 m Dos F II2 (FINALE)/ 100 m Backstroke W II2 (FINAL)	10:50	50 m Brasse H II2 (FINALE)/ 50 m Breaststroke M II2 (FINAL)	11:25	100 m Brasse F II2 (FINALE)/ 100 m Breaststroke W II2 (FINAL)
10:48	200 m 4 nages H II2 (FINALE)/ 200 m Ind Medley M II2 (FINAL)	11:02	400 m 4 nages H et F (FINALE)/ 400 m Ind Medley M & W (FINAL)	11:14	100 m Dos H (SÉRIES)/ 100 m Backstroke M (HEATS)	10:53	50 m Brasse F (SÉRIES)/ 50 m Breaststroke W (HEATS)	11:30	200 m Papillon H (FINALE)/ 200 m Butterfly M (FINAL)
10:58	200 m 4 nages F II2 (FINALE)/ 200 m Ind Medley W II2 (FINAL)	11:20	50 m Dos H (SÉRIES)/ 50 m Backstroke M (HEATS)	11:21	100 m Dos F (SÉRIES)/ 100 m Backstroke W (HEATS)	10:57	100 m Papillon H (SÉRIES)/ 100 m Butterfly M (HEATS)	11:35	200 m Papillon F (FINALE)/ 200 m Butterfly W (FINAL)
11:04	800 m Nage libre H (TEMPS FINAL)/ 800 m Freestyle M (TIMED FINAL)	11:26	50 m Dos F (SÉRIES)/ 50 m Backstroke W (HEATS)	11:40	50 m Papillon H (SÉRIES)/ 50 m Butterfly M (HEATS)	11:04	100 m Papillon F (SÉRIES)/ 100 m Butterfly W (HEATS)		
11:18	800 m Nage libre F (TEMPS FINAL)/ 800 m Freestyle W (TIMED FINAL)			11:45	50 m Papillon F (SÉRIES)/ 50 m Butterfly W (HEATS)				
11:35	Protocoles médailles/ Medals ceremonies	11:10 & 11:30	Protocoles médailles/ Medals ceremonies	11:30 & 11:50	Protocoles médailles/ Medals ceremonies	11:15	Protocoles médailles/ Medals ceremonies	11:45	Protocoles médailles/ Medals ceremonies
15:00 - 15:45	Échauffements/ Warm-ups	15:00 - 15:45	Échauffements/ Warm-ups	15:00 - 15:45	Échauffements/ Warm-ups	15:00 - 15:45	Échauffements/ Warm-ups	15:00 - 15:45	Échauffements/ Warm-ups
16:00	50 m Nage libre H (FINALE)/ 50 m Freestyle M (FINAL)	16:00	200 m Nage libre H (FINALE)/ 200 m Freestyle M (FINAL)	16:00	100 m Dos H (FINALE)/ 100 m Backstroke M (FINAL)	16:00	100 m Nage libre H (FINALE)/ 100 m Freestyle M (FINAL)	16:00	100 m Brasse H (FINALE)/ 100 m Breaststroke M (FINAL)
16:03	50 m Nage libre F (FINALE)/ 50 m Freestyle W (FINAL)	16:05	200 m Nage libre F (FINALE)/ 200 m Freestyle W (FINAL)	16:04	100 m Dos F (FINALE)/ 100 m Backstroke W (FINAL)	16:03	100 m Nage libre F (FINALE)/ 100 m Freestyle W (FINAL)	16:04	100 m Brasse F (FINALE)/ 100 m Breaststroke W (FINAL)
16:06	50 m Nage libre H II2-II3 (FINALE)/ 50 m Freestyle M II2-II3 (FINAL)	16:11	200 m Brasse H II2 (FINALE)/ 200 m Breaststroke M II2 (FINAL)	16:08	50 m Papillon H II2-II3 (FINALE)/ 50 m Butterfly M II2-II3 (FINAL)	16:08	100 m Nage libre H II2-II3 (FINALE)/ 100 m Freestyle M II2-II3 (FINAL)	16:28	4 x 100 m Relais 4 nages H (FINALE)/ 4 x 100 m Medley Relay M (FINAL)
16:09	50 m Nage libre F II2 (FINALE)/ 50 m Freestyle W II2 (FINAL)	16:17	200 m Brasse F II2 (FINALE)/ 200 m Breaststroke W II2 (FINAL)	16:12	50 m Papillon F II2 (FINALE)/ 50 m Butterfly W II2 (FINAL)	16:12	100 m Nage libre F (FINALE)/ 100 m Freestyle W (FINAL)	16:36	4 x 100 m Relais 4 nages F (FINALE)/ 4 x 100 m Medley Relay W (FINAL)
16:23	200 m 4 nages H (FINALE)/ 200 m Ind Medley M (FINAL)	16:23	200 m Brasse H (FINALE)/ 200 m Breaststroke M (FINAL)	16:15	50 m Papillon H (FINALE)/ 50 m Butterfly M (FINAL)	16:16	50 m Brasse H (FINALE)/ 50 m Breaststroke M (FINAL)		
16:29	200 m 4 nages F (FINALE)/ 200 m Ind Medley W (FINAL)	16:30	200 m Brasse F (FINALE)/ 200 m Breaststroke W (FINAL)	16:19	50 m Papillon F (FINALE)/ 50 m Butterfly W (FINAL)	16:19	50 m Brasse F (FINALE)/ 50 m Breaststroke W (FINAL)		
16:35	200 m Dos H (FINALE)/ 200 m Backstroke M (FINAL)	16:46	50 m Dos H (FINALE)/ 50 m Backstroke M (FINAL)	16:32	4 x 100 m Relais Nage libre mixte (FINALE)/ 4 x 100 m Mixed Freestyle Relay (FINAL)	16:48	100 m Papillon H (FINALE)/ 100 m Butterfly M (FINAL)		
16:40	200 m Dos F (FINALE)/ 200 m Backstroke W (FINAL)	16:50	50 m Dos F (FINALE)/ 50 m Backstroke W (FINAL)	17:03	4 x 50 m Relais 4 nages H (FINALE)/ 4 x 50 m Mixed Medley Relay M (FINAL)	16:52	100 m Papillon F (FINALE)/ 100 m Butterfly W (FINAL)		
17:22	4 x 50 m Relais Nage libre H (FINALE)/ 4 x 50 m Freestyle Relay M (FINAL)	17:13	4 x 100 m Relais Nage libre H (FINALE)/ 4 x 100 m Freestyle Relay M (FINAL)	17:08	4 x 50 m Relais 4 nages F (FINALE)/ 4 x 50 m Mixed Medley Relay W (FINAL)	17:06	4 x 200 m Relais Nage libre H (FINALE)/ 4 x 200 m Freestyle Relay M (FINAL)		
17:26	4 x 50 m Relais Nage libre F (FINALE)/ 4 x 50 m Freestyle Relay W (FINAL)	17:18	4 x 100 m Relais Nage libre F (FINALE)/ 4 x 100 m Freestyle Relay W (FINAL)			17:18	4 x 200 m Relais Nage libre F (FINALE)/ 4 x 200 m Freestyle Relay W (FINAL)		
		17:33	4 x 100 m Relais mixte 4 nages (FINALE)/ 4 x 100 m Mixed Medley Relay (FINAL)						
16:15 & 16:45 & 17:30	Protocoles médailles/ Medals ceremonies	16:35 & 16:55 & 17:25 & 17:40	Protocoles médailles/ Medals ceremonies	16:25 & 16:35 & 17:15	Protocoles médailles/ Medals ceremonies	16:25 & 16:55 & 17:30	Protocoles médailles/ Medals ceremonies	16:10 & 16:45	Protocoles médailles/ Medals ceremonies